2024 Family Webinars

Calling all parents and caregivers — hear about child development, learning and skill-building, caring for elder loved ones, and more. Tune into our Bright Horizons® webinar series for actionable, expert advice.

Dates Offered	Theme
January 31	The Science Behind Mindfulness and Learning
March 19	Taking Care of YOU; Take On Challenging Behaviors
May 15	You Really ARE Making a Difference
July 18	Wonder: A True Brain Booster
September 18	Supporting Neurodiversity
November 13	Caregivers: Are Your Spread Too Thin?
December 12	Social-Emotional Development



Register <u>here</u> for all webinars

Don't miss these on-demand webinars on our most popular topics – available any time:

- Managing Screen Time in the Digital World
- Returning to Work After Parental Leave
- Building Healthy Eating Habits
- Language Development in the Early Years
- Emotional Intelligence & Why It Matters
- Getting Excited About STEM

