# **Honeywell**

# Healthcare from the break room, living room or anywhere else

Start using your Teladoc Health benefits.





### 24/7 Care

Need care for non-urgent and common conditions? Get same-day appointments with a certified provider from wherever you are. Teladoc Health providers diagnose, treat and even prescribe medicine if needed.

- Allergies
- Bronchitis
- Flu
- COVID-19
- Pink eye
- Rashes
- Sinus infections
- Sore throats
- And more

## **Mental Health**

Have real conversations and see progress with a therapist of your choice. Available 7 days a week from the privacy of your own home.

- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management

Therapy free/visit
Psychiatry free/first visit
Psychiatry free/ongoing visits

# free/visit

Teladoc Health is available for employees and dependents enrolled in Cigna or Horizon. Register and receive 100 points redeemable for prizes with Castlight.

# Set up your account or log in to schedule a visit

Visit TeladocHealth.com
Call 1-800-835-2362 | Download the app **੬** | **♣** 

Teladoc Health is not available internationally

Teladoc Health is replacing MDLive and Amwell services previously aligned with Cigna and Horizon. Copays for these virtual appts will apply to your deductible and out-of pocket maximum.

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